



**18th May 2022 – 6<sup>th</sup> July 2022 (Wednesday, 7 Weeks)**

## **Attachment Focused Re-Parenting**

**For families of children affected by early life trauma**

This course is aimed at **birth parents/families** of children affected by trauma through adverse childhood experiences like domestic violence, family break-up, bereavement, parental mental health issues and/or substance misuse. It has attachment theory underpinning all modules. Topics covered include:

- Impact of trauma in early childhood
- Symptoms overlap - ASD/ADHD/Sensory Processing
- Attachment theory & Internal Working Models
- Managing Stress
- Understanding & managing behaviour
- Life story work
- Working effectively with schools
- Managing the Stress of Caring

---

**TIME**

10am-12noon

---

**DATE**

Wednesday Mornings  
18th May 2022- 6<sup>th</sup> July 2022  
No session on 1<sup>st</sup> June

---

**VENUE**

Online

---

**COST**

£50 per person

---

**CONTACT TO MAKE BOOKING**

07557 102623

[tas@parentingspecialchildren.co.uk](mailto:tas@parentingspecialchildren.co.uk)

---

The usual cost of this course is **£250 pp**. Thanks to funding from The National Lottery Community Fund, it is available for booking at a **massively reduced cost of £50/person**. **100% of parents have said they would recommend this course to others.**

***“Facilitators were beyond excellent. There needs to be much more of these most valuable & much needed courses” (Parent)***

Parenting Special Children are a charity working with families of children and young people with special needs in Berkshire.

[www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk)