



**19th May – 7<sup>th</sup> July 2022 (Thursday, 7 Weeks)**

# **Attachment-Focussed Parenting/Caregiving**

## **For adopters and foster carers**

This course is aimed at adoptive parents and foster carers of children affected by trauma through adverse childhood experiences. It has attachment theory underpinning all topics.

It is set up for families living in Berkshire or parents/carers of Berks children. There are limited spaces for non-Berks families.

### **Topics include:**

- Impact of trauma on brain & body
- Attachment theory
- Symptoms overlap with ASD/ADHD
- Avoiding and Managing Stress
- Understanding & Managing behaviour
- Life story work & answering difficult questions
- Working effectively with schools
- Secondary trauma to carers

The usual cost of this course is **£250/person**. Thanks to funding from The National Lottery Community Fund, we are able to offer it at a **massively reduced price of £50/person**.

**100% of parents have said they would recommend this course to others.**

***“Facilitators were beyond excellent. There needs to be much more of these most valuable & much needed courses” (Parent)***

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### **TIME**

10am – 12noon

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### **DATE**

Thursday mornings

19<sup>th</sup> May- 7<sup>th</sup> July

No session on 2<sup>nd</sup> June

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### **VENUE**

Online

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### **COST**

£50 per person

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### **CONTACT TO DISCUSS CONTENT OR**

**BOOK - 07557 102623**

[tas@parentingspecialchildren.co.uk](mailto:tas@parentingspecialchildren.co.uk)