Join our 5,000

as part of No'5s #5KinMay Challenge!





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When:	• • • • • • • • • • • • •	





Join our 5,000 goal scoring challenge as part of No'5s #5KinMay Challenge!







Vľ	her] :	• •	 • •	• •	• •	• •	• •	• •	• •	• •	•	• •	• •	• •	•	• •	• •	•	• •	•	•







Join our 5,000 word short story competition as part of No'5s #5KinMay Challenge!

When:	 	• • • • • • • • • • •







Join our reading challenge to help us read 5,000 pages as part of No'5s #5KinMay Challenge!

When:			
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We are taking part in No5's #5KinMay Challenge!

Help us raise

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for local young people's mental health!





