

Our Family Support Offer is available to all families with children aged 0-5 that have special educational needs and disabilities (SEND) or developmental delay. Remember, you do not have to be attending one of our centres to access our support!

Walk and Talk

These are 1:1 sessions with the family support worker and yourself (preschool children are also welcome). You have the chance to get out in the fresh air for well-being support and exercise as well as having the opportunity to discuss any issues you are currently experiencing.

1:1 Support

1:1 support is available for parents wishing to have a chat without a group environment. This can be provided over the phone, text, email, Zoom or face to face. Some of the things we can help with are (but not limited to):

- Form filling or information.
- 1:1 Zoom sessions for children.
- Signposting to other services.
- Support with behavioural, developmental or educational concerns you may have for your child.
- Information and activity ideas for your child to aid communication and development.
- A friendly, non-judgemental listening ear if you just want to chat.

Stay and Play Sessions

Stay and play sessions will take place once a month. Please contact your Family Support Worker for exact dates and locations.

Children (and their siblings) will have the chance to make friends and play with their peers and parents/carers will have time to chat to the family support workers for advice and support if needed.

Home Visits

Your Family Support Worker can visit you and your child at home and provide any in person support or guidance you may need.

Please contact us and we will try our best to visit as soon as possible.

Information Sessions

These groups are open to all and will be held on the 3rd Monday of each month, 10:30 to 11:30 on Zoom. Covering topics such as sensory processing, potty training, sleep, and healthy eating, with particular consideration for preschool children with SEND.



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If you would like more details about all of the support we have available, or wish to book on to one of our sessions, please get in touch!