

Are you struggling to get a vaccination or need help to attend an appointment?





If you are a family carer of someone with a learning disability we can help you with all of the following difficulties and more:

- You still haven't got your appointment
- The person you care for with a learning disability still hasn't got their appointment
- Can't get your appointment at the same time as the person you care for and can't get anyone to look after them.
- You have an appointment for the person you care for but not for yourself
- You can't get transport to get yourself and the person you care for to your appointment
- The person you care for is needle phobic and doesn't want to go to the appointment

Call 0118 966 2518 or email familysupport-kate@readingmencap.org.uk

Handy tips if you still haven't got your vaccine appointment:

 If you are the main family carer for your relative with a learning disability, contact your GP surgery and ask to be flagged up as an unpaid carer on your patient record

 If you are caring for someone with a learning disability and they haven't had their appointment yet contact their GP surgery and ask for them to be put on the GP's Learning Disability register



The local voice of learning disability

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We will do our best to help you or find someone who can.